



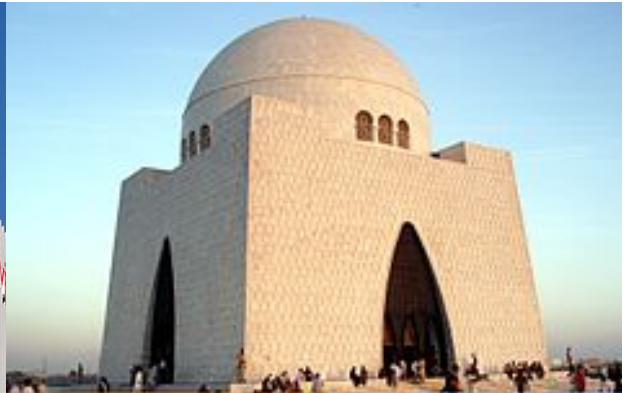
16th Annual Meeting

Pakistan Society for the Study of Liver Diseases

PSSLD 2022

Emerging Trends in Hepatology: Challenges and Opportunities

December 2 - 4, 2022 - Movenpick Hotel, Karachi



Organizers

Patron: Wasim Jafri

Advisory Committee: Masood Siddiq, Saeed Sadiq Hamid, Amjad Salamat

Chair Organizing Committee: Amna Subhan Butt

Chair Scientific Committee: Zaigham Abbas

Organizing Committee

Tassawar Hussain, Altaf Baqir Naqvi, Sharbat Khan, Fakhar Ali Qazi Arisar, Shahid Rasool, Adil Naseer Khan, Shamail Zafar, Junaid Saleem, Qazi Masroor Ali, Bakht Biland, Saleh M. Channa, Faisal Waseem Ismail, Abdul Basit Siddiqui, Mian Shah Yousaf, M. Atif Majeed, Faisal Aslam, Manzoor Husain, Masood Karim, Zahid Azam

Scientific Committee: Sadik Memon, Mohammad Salih, Mohammad Kamran, Farhana Kayani



16th Annual Meeting of PSSLD 2022

The theme of PSSLD 2022 Conference was
“Emerging Trends in Hepatology: Challenges and Opportunities”

The Pakistan Society for the Study of Liver Diseases (PSSLD) orchestrated its 16th Annual Meeting in the Movenpick Hotel, Karachi from December 2nd to December 4th, 2022. For this annual meeting, "Emerging Trends in Hepatology: Challenges and Opportunities" was selected as the theme. To attend this meeting international and local remarkable stars gathered. The three-day conference was organized in a hybrid model, linking all the web-based and on-site physical symposiums.

However, it was still made possible by the organizers to air and share the conference through Zoom and Facebook. All of this was possible with the help of PSSLD App with a special portion for the conference. The feasible weather and climatic conditions also helped in the success of the conference. Gladly the restrictions which were imposed and followed because of the immense spread of Covid-19 were lenient as well, and the national and international researchers were freely able to come together under one roof and share their perspectives and somehow explore the region too.

The basic aim was to bring the leading international and national researchers and experts who are actively working as hepatologists. The international scholars tried to relate their research work to the current health stance of Pakistan. National researchers also actively participated in presenting their publications and research work, although it can be noticed that the young individuals were given the preference too.

A three-day conference was held to highlight the opportunities available as well as the challenges faced by the researchers, hepatologists, and doctors. While also discussing the upcoming and newly adopted medical trends and how they can be helpful in Pakistan while tackling the upgraded forms of liver diseases.



Day 1

December 2nd, 2022

The conference embarked on with the symposiums highlighting the regional achievements in coping with the hepatitis disease, and how the epitome of new consulting and research methods were applied to manage and tackle the common liver problems. During the first symposium of the day the speakers put forward and talked about "Endo-Hepatology: A New Paradigm". While commencing the symposium Amjad Salamat chose to talk about "EUS-guided diagnostic hepatic procedures", followed by an Egyptian researcher who enlighten the listeners with "EUS guided Hemostasis. Later Mostafa Arain and Ghias Un Nabi Tayyab discussed and analyzed the "Endoscopic management of biliary complications" and "EUS guided biliary decompression: A local experience" respectively.

The second symposium emphasized "managing common liver issues". All national participants of this symposium put forth ideas on how to tackle the uncomplicated cases of NAFLD (Nonalcoholic fatty liver disease) and hepatitis B, C, and D. While the first PSSLD studio symposium further continue to explicate the ongoing and expected progress in its attempt to fight against and eliminate hepatitis C, this symposium was presented by Human Qureshi, Zaigham Abbas from Pakistan and Homie Razavi from America.

Moving on to the next symposium after the lunch break, the professor speakers focused on the critical and researchable medical cases they had tackled during their professional experience. The speakers of this symposium included Necati Omreci from Turkey, Mohammad Alborate from India, along with four other national doctors and surgeons. The last symposium of day one was regarding the "HBV elimination in Pakistan", in this symposium Homie Razavi, Robert Gish, Bilal Hameed from America and Amna Subhan, and Saeed Hamid joined from Pakistan.





Inaugural Ceremony

Before day one ended, an inaugural ceremony was held which started with the recitation of the Holy Quran and the National Anthem accompanied by the welcoming and thanking speeches by the pioneers of the event along with a speech explaining the theme of the conference. Firstly, Patron Wasim Jafri briefly thanked and welcomed the audience later he even congratulated the organizers who made it happen. After him the dice was soon taken over by the President of PSSLD Prof Amjad Salamat expressed his gratitude and honor to host a remarkable event in Karachi which had resulted in gathering renowned national and international gems in the field of Hepatology. Dr. Amna Subhan butt, chair organizing committee, and one of the young members of the team showed utter excitement to organize a platform that helps generate information related to the study of liver diseases while not being restricted to taking the strict SOP of covid-19. Dr. Zaigham Abbas Chair Scientific Committee addressed the audience highlighting the key points to look for while attending the conference. After their addressing a short lecture was organized by Wasim Jafri highlighting the theme before the chief guest join in. followed by an awards ceremony to appreciate all the hard work placed in by the participants. Day one of the annual meeting ended after a vote of thanks to the vice president of PSSLD and a dinner that was served then and there.



Day 2

December 3rd, 2022

Day two of the conference commenced with the research paper presentations and e-paper presentations by an ample number of participants. The sixth symposium of the three-day conference was abiding by to follow the sub-topic of “emerging concepts in hepatitis B and D”. This symposium was carried away by Cihan Yurdaydin from Turkey, Norah Terrault and Robert Gish from America, and Altaf Alam from Pakistan. The speakers mostly focused on the discussion, implying the managed and improved methods to cure hepatitis B. Moving on to the next symposium after a tea break Nancy S Reau, Bilal Hameed and Rajender Reddy joined in from America while Ammara Naveed represented Pakistan. This symposium took “Hepatitis C” into account to further explain its treatment, the expected and unexpected consequences of it, and the difficulties faced by the patients and the doctors while treating HCV.

After the lunch break a PSSLD steering committee meeting was held, however later on the conference symposiums proceeded. The eighth symposium included the point of view of “Portal Hypertension and Vascular Diseases” in the discussion. The individuals who discussed this side of the research were Anil Aroro from India, Ibrahim Mostafa from Egypt, Rajender Reddy from America, and Nasir Luck from Pakistan. While nearing the end of day two, the ninth symposium raised the chaotic issue of



“Complications in managing Cirrhosis”. These symposiums provided an opportunity for Necati Ormeci from Turkey who explained “stages of cirrhosis and how to prevent decompensation”, Nadeem Tehami from the United Kingdom, Qin Ning from China, Anjum Gardezi from the United Kingdom and Ashfaq Ahmed from Pakistan, to share their research and knowledge regarding the topic. The speaker for the second PSSLD studio of the annual meeting was Yogesh Chawla who enlighten the listeners with the research on “Emerging trends in the management of Acute on Chronic Liver Failure (ACLF). The last hour of the day was dedicated to a PSSLD quiz competition.



Day 3

December 4th, 2022

Following the pattern of the symposium, Day three of the conference also started with research paper presentations by an ample number of participants. The eleventh symposium focused on “NAFLD” (nonalcoholic fatty liver disease). In this session, the audience was joined by Ajay Duseja from India, Arun Sanyal, and Zobair Younossi from the United States of America. They talked about the process by which the disease flourishes and how possibly it might be treated. The next symposium focused on “post-transplant management”. This session was carried on by Abdul Wahab Dogar, Osama Tariq from Pakistan, Khalid Mumtaz, and Syed Shareef from the United States of America. The outcome of LDLT and the effect of treatment were discussed by this panel. The third PSSLD studio session talked about the “multidisciplinary team approach in the management of HCC”, elaborating on the discourse of early detection of HCC, current perspectives, and “the new algorithm for systemic and immunotherapy.

The thirteenth and last symposium was about “potpourri”. Muhammad Akram, Farhana Kayani, and Shahab Abid, remain the leading speakers to discuss and update on autoimmune hepatitis and the updates of PBC and PSC. Mudassri Laeeq concluded the day with an elaborate discussion on pain management in chronic liver diseases. The closing ceremony took place after the Q/A session and the awards and certificates were distributed between the respected participants before lunch.



Award Winners

Best Oral Presentation Award winners

1st Prize	2nd Prize	3rd Prize
PKR 75,000 Sana M. Hussain	PKR 50,000 Mahrukh Ali	PKR 50,000 Saman Shahid

Best E. Poster Award Winners

1st Prize	2nd Prize	3rd Prize
PKR 75,000 Imran Ali Syed	PKR 50,000 Badar Hina Afnan	PKR 50,000 Falak Naz
PKR 75,000 Sulhera Khan	PKR 50,000 Imdad Ali, Danish Kumar	PKR 50,000 Hina Hafiz

Hepatology Champions

1st Prize	2nd Prize	3rd Prize
Team DUHS (Dow University of health sciences) Karachi Shazia Siddiqi Ammara Majeed	Team HMS (Hayatabad Medical Complex) Peshawar Muhammad Qasim Fazal Wahab	Team Shifa International Hospital Islamabad Talia Azad Khalid Zeb

Best Case Report Award Winners

Talha Azad	Yumna, Taha	Ibrahim Saeed	Deeraj Kumar
Shifa International Hospital Islamabad	SIUT	AKUH	LNH





International Speakers



Robert G Gish (USA)



Anil Arora (India)



Cihan Yurdaydin (Turkey)



Zobair Younossi (USA)



Norh Terrault (USA)



Rajender Reddy (USA)



Anjum Gardezi (UK)



Khalid Mumtaz (USA)





Mohamed Aly (Egypt)



Nancy S Reau (USA)



Homie Razavi (USA)



Nadeem Tehami (UK)



Ibrahim Mostafa (Egypt)



Mustafa Arain (USA)



Mostafa Ibrahim (Egypt)



Necati Örmeci (Turkey)



Bilal Hameed (USA)



Yogesh Chawala (India)



Arun Sayal (USA)



Ajay Duseja (India)



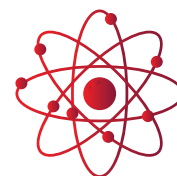
Canbay Ali (Germany)



Syed Shareef (USA)



Dieter Broering (KSA)



National Faculty



Wasim Jafri



Masood Siddiq



Saeed Hamid



Amjad Salamat



Zaigham Abbas



Amna Subhan



Altaf Alam



Shahab Abid



Ghias un Nabi Tayyab



Tassawar Hussain



Altaf Baqir



Sherbat Khan



Sadik Memon



Abdul Wahab Dogar



Mohammad Salih



Fakhar Ali Qazi





Shahid Rasool



Farina Hanif



Muhammad Kamran



Nasir Hassan Luck



Yasir Abbas Zaidi



Adil Naseer



Shamail Zafar



Junaid Saleem



Qazi Masroor Ali



Haseeb Zia



Shanil Kadir



Bader F Zuberi



Nazish Butt



Bakht Biland



Sadiq Achakzai



Israr ul Haq Toor





Lubna Kamani



Sher Rehman



Altaf Shaikh



Abdul Qadir Khan



Saleh Channa



Faisal Waeem



Abdul Basit



Om Parkash



Farhana Kayani



Shah Yousaf



Mudassir Laeeq



Atif Majeed



Abdullah Bin Khalid



Ainan Arshad



Huma Qureshi



Akif Dilshad





Sajjad Jameel



S M Munir



Bekha Ram



Abrar Shaikh



Kailash Raj



Bashir Shaikh



Ashfaq Ahmed



Muhammad Azeem ud Din



Abbas Ali



Ali Qadeer



Arsalan Khan



Nand Lal



Anwar Hussain



Faisal Aslam



Abu Bakar Hafeez



Ghulam Fareed





Muhammad Akram



Manzoor Hussain



Masood Karim



Iftikhar Ali Shah



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